



25 MILE TT HELD ON THE V734 COURSE 23RD JULY 2023

FIRST RIDER OFF 9:10AM

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS

UNDER THEIR RULES AND REGULATIONS

Event Secretary – Adam Duggleby, Vive le Velo, High St, Ferriby

Tel 07702095284

Email: addformcoaching@hotmail.com

EVENT HEADQUARTERS ARE NEWPORT VILLAGE HALL. HU15 2PP

Timekeepers

Geoff Backshall - Start Timekeeper Richard Foster – Finish Timekeeper

Parking

You can park at the HQ in the village hall carpark and on the field. There is **NO PARKING** in the layby at the start.

PRIZES

OPEN 1ST £50 cash Vive le Velo Vouchers 2nd £30, 3rd £25, 4th £20

TEAM £10 cash each
ONE RIDER – ONE PRIZE EXCEPT TEAM

WOMEN 1 ST £50 cash Vive le Velo Voucher 2nd £30

FASTEST ROAD BIKE £20 Vive le Velo Voucher

COURSE V734

NOTE START IS APRROX 3.5 MILES FROM HQ NO CARS EXCEPT FOR THE TIMEKEEPERS

Start on B1230 1.25 miles west of Gilberdyke at 3rd cats eye at end of layby opposite wold skip hire ltd.

Proceed westwards on B1230to Howden TI take 3rd exit onto A614 direction Holme on Spalding Moor. Straight on at mini painted island in Holme on Spalding Moor still on A1614 to Beechwood TI turn and retrace to Holme on Spalding Moor TI. 1ST LEFT ON A614 to Howden TI take 1st left onto B1230 direction Gilberdyke. Proceed to finish at 3rd sink after t/pole no 37 at the end of the 3rd house and 3rd sink before post office telephones manhole cover approx. 0.5 miles before start.

Yorkshire DC Regulation: no turbo trainer to be used within 100 yards of any house. Please do not go passed the timekeepers car at the start you will be reported to Yorkshire dc.

No competitor shall be permitted to start unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users

No competitor shall be permitted to start unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users

HARD SHELL HATS must now be worn ALL riders

TOILETS: at event HQ

NUMBERS: at event HQ where they can be exchanged for a drink after your ride.

Please sign on the Official form as you collect your number & sign out after you finish

Any complaints must be made in writing within 72 hours.

PLEASE KEEP YOUR HEAD UP AND HAVE A SAFE AND FAST RIDE